

ALPINE JITTERBUGS  
SHAG 'N' BAL  
*Innsbruck*

5<sup>TH</sup> ANNIVERSARY

10-13 APRIL  
2025



# BOOKLET

First of all - don't print this stuff

*We love our environment and we hope that you do too.*

*That's why we have all important information directly on site for you available, as one giant version to see and share.*

*So there is no need to print final schedules or addresses, as we will have them displayed visibly around the venues.*

## 1. The Festival

Welcome to the 4th edition of our beautiful Festival Alpine Jitterbugs - Shag 'n' Bal Innsbruck. It's a huge pleasure to invite you to a weekend full of Collegiate Shag, Balboa and St. Louis Shag!

We believe that such a Festival, surrounded by those incredible "alpine" landscapes, is an unforgettable experience for everyone.

Please allow yourself to dive in and try to find some time outside in the beautiful nature of the mountains!

## 2. The Mountains

As a country rich in mountains and water, we truly respect nature and all her beings - living in a marvelous balance. We invite you to be a responsible visitor to our city and its surroundings. Alpine-urban cities like Innsbruck invite you to reflect on your consumption and to respect nature in its unavoidable presence.

This is the reason why we are, from the first moment on a Green Event, and try every year to make the festival a little better, more sustainable and more nature friendly.

## 3. The Team

We are a bunch of swing enthusiasts, crazy enough to organize this festival for you!

We created our non-profit swing dance association to create a **unique and wonderful** swing dance scene here in Innsbruck. One that **invites international guests and inspires local dancers**. We believe in a growing dance scene, which develops in quality and quantity. Our goal is to spread the love and joy of swing dance and to **create a colorful swing dance scene, where every human being feels included, accepted and invited into.**

**We care for you and we want you to care!**

**Therefore we strongly ask you to be inclusive and respectful with every person present and take care of yourself and others. We have absolutely no tolerance for racism.**

If you have any questions that can't be solved by our amazing team of volunteers and staff members, please feel free to contact us.

We are also very thankful for any constructive feedback, as our aim is to improve our organization constantly.

**At this point, we'd like to thank you for your trust in us, for being with us this year, and for making this edition unforgettable for everyone.**



### **Juls**

- Master of bookings, registrations, all special requests, patience and carefulness
- Location responsible on-site

### **Niki**

- Master of finance, arrivals, logistics & web
- Crew Catering, logistic operator of the bar
- Staff & Volunteer Coordinator

### **Sirom**

- Master of ceremony, evenings, locations, social media & networking
- Initiator of Alpine Jitterbugs - Shag 'n' Bal Festival
- Everywhere and nowhere - call if "urgent": 0043 660 736 7236

## 4. The Teachers



**Arnas Razgūnas & Eglė Nemickaitė (LT)**



**Grace Babbes & Blake Thiessen (US)**



**Heiko & Larissa Heckendorn (CH)**



**Maria Acuña & Luis Arredondo (ES)**



**Simona Pogosian & Rokas Borusevičius (LT)**

## 5. The Masterclass Teachers

### Charlotte Liebenow (DE) & Jordan Hunter (US)

#### Shine Bright like a Diamond – Competition Time!

Date & Time: Fri, 20:15 – 21:15 h

Location: Orangerie



Learn how to thrive in your next competition or spotlight! Charlotte & Jordan have competed at events such as Barcelona Shag Fest, Warsaw Shag Fest, and recently won the Shag contest at the National Jitterbug Championship at Camp Hollywood 2023. Together we'll work on the essential skills and strategies needed for competitions, including choreography, stage presence, and performance techniques to enhance your competitive edge. This class is open to both shag and Balboa dancers. No partner required.

### Ania Mojle & Rafał Rendak (PL)

#### I can't give you anything but ROLE SWITCH, baby

Date & Time: Sat, 18:45 – 19:45 h

Location: Orangerie

Switch seamlessly without fighting for the lead! Join Ania & Rafał, winners of the 2024 Valencia Balboa Festival Val Switch Contest. They will cover a range of transitions, from simple to challenging, and dive into the underlying principles so you can create your own unique moves. No partner required. Solid Lead and Following necessary.



### Tobias Hanny (AT)

#### Soul, Funk & Fun

Date & Time: Sun, 19:00 – 20:15 h

Location: Orangerie



Enjoy a funky and funny introduction to modern Streetdances with Tobi Hanny. He is a well known Artist, Dancer and Choreograph for modern Streetdances including Hip Hop, Funk and Soul, all around Europe and the US. He was multiple times the winner at IDO – Austria Hip Hop Championships in solo-, duo- and formation-battles with his Crew!

## 6. The Bands



**Lester's Blues (BE)**



**The Big Five (DE)**



**Roaring Cats (NL)**



**Syncopated Birds (AT)**



**Meschugge Quintett (AT)**

## 7. The DJ's



**DJ Su (FR)**



**DJ Ale G (IT)**



**DJ Lord Arnas (LT)**

## 8. The Master of Ceremony



**Sirom Cazzolli (IT)**

## 9. The Locations

All our locations, StreetMotion Studio & Ferrari School (Class-Locations) and Orangerie at Congress Messe Innsbruck (Class-Location and Evening-Venue) are reachable by around 10 min from the Central Station Innsbruck.

Congress Messe Innsbruck is a certified Green Event Location and therefore provides very high standards in sustainable and resource-efficient water and energy usage.

Our partner Bed & Breakfasts and Hotels (Nepomuks BnB, John Montagu Bed and Beers and Nala Hotel) are all as well reachable in around 5 - 15 min.

Please note, that unlike other cities, Innsbruck has very limited possibilities of food-shopping in supermarkets on Sundays. Please consider preparing yourself for snacks and food situations for your Sunday.

### Addresses:

**Cantina Vecchia** || Thursday Speakeasy Welcome Night  
Andreas Hofer Straße 43,  
6020 Innsbruck  
<https://maps.app.goo.gl/7Loe5QGU8ckJgdmMA>

**Aperitivo 'N' Swing** || Friday Afternoon  
Pizzeria A Casa,  
Viaduktbogen 63,  
6020 Innsbruck  
<https://maps.app.goo.gl/LgMYuYoypCQL2aEi9>

**Street Motion Studio** || Workshop Location  
Ing.-Ettel-Straße 7-10  
6020 Innsbruck  
<https://maps.app.goo.gl/SZqaHzf9P9Ffpn5HA>

**Ferrari Schule Innsbruck** || Workshop Location  
Weinhartstraße 4,  
6020 Innsbruck  
<https://maps.app.goo.gl/v5EJJ8zhsKBdR3W88>

**Congress Messe Innsbruck - Orangerie** || Main and Workshop Location  
Herzog-Otto Straße  
(Always enter via the riverside)  
6020 Innsbruck  
<https://maps.app.goo.gl/w8VikNKUoX4fs9f59>

**Tribaun** || Sunday Pizza 'n' Beer Farewell  
Museumsstraße 5,  
6020 Innsbruck  
<https://maps.app.goo.gl/DrPQ39avVaMkFabF6>



# 10. The Map



## 11. Side Events

### Thursday Speakeasy Welcome Party



Join us on Thursday night for a cozy **welcome Party** to the Alpine Jitterbugs Shag 'n' Bal Festival!

Location: Cantina Vecchia,  
Andreas-Hofer-Straße 43, 6020 Innsbruck  
Date: Thursday, 10.04.25  
Time: 20:00 – 02:00 h  
Price: **15 € – not included in festival ticket. SOLD OUT!**

You will enjoy the preparty to this years Alpine Jitterbugs Shag ,n' Bal Festival in a cosy ambience with LESTER'S BLUES (BE).

### Aperitivo 'n' Swing



Start with us into the weekend and join on Friday for **Aperitivo 'n' Swing @ Pizzeria A CASA**

Location: Pizzeria A Casa,  
Viaduktbogen 63, Innsbruck  
Date: Friday, 11.04.25  
Time: 15:00 – 19:30 h  
**FREE ENTRANCE – Pay for Food & Drinks**

Band:

Jitterbugs Hot Club (Matteo Scalchi – Guitar, Arian Kindl – Guitar, Dario Gurrado – Double Bass)

There will be an outdoor wooden dance floor and plenty of gypsy swing music for dancing feet!

Pay your drink and enjoy a complimentary aperitif buffet by the best pizza place in town. There will be plenty of Pizzette and Italian snacks to get you ready and warmed up for the evening.

Band starts at **16:15 h** and will play for 3 sets!

### Sunday Pizza 'n' Beer Farewell



Location: Tribaun,  
Museumstraße 5, 6020 Innsbruck  
Date: Sunday, 13.04.25  
Time: 18:00 – 21:00 h

NOT INCLUDED IN FESTIVAL TICKET.  
**Pizza ,n' Beer Tickets are SOLD OUT!**  
**You can still come by for some drinks!**

## 12. Check-In Times

PLEASE choose the check-in spot for your class and level!

We do not have the check-in material of other classes at other spots!

Please be punctual to allow our check-in team to get you in in time. If you are late – we still request you to properly check-in and you might be late for classes at your own risk.

### THURSDAY 10.04.25

#### ***Check in for: Thursday Ticket holder!***

Location: Cantina Vecchia, Andreas-Hofer-Str. 43

Time: 20:00 – 22:00 h

Evening is NOT included in Festival Ticket!

If you have an extra ticket – Check in will be available for you here.

### FRIDAY 11.04.25

#### ***Check in for: Invitational Shag & Balboa***

Location: Ferrari

Time: 17:00 – 17:30 h

#### ***Check in for: Masterclass Shine Bright like a Diamond***

Location: Orangerie

Time: 19:45 – 20:15 h

#### ***MAIN CHECK IN: Everybody Welcome at the Evening Check in before the party***

Location: Orangerie

Time: 21:45 – 23:00 h

### Saturday 12.04.25

#### ***Check in for: ALL REMAINING CLASSES – if you arrive late, you check in at Streetmotion Studio***

Location: Streetmotion Studio

Time: 10:30 – 12:00 h

#### ***Check in for: Confident Shag only***

Location: Orangerie

Time: 10:30 – 12:00 h

Please be punctual to allow our check-in team to get you in in time. If you are late – we still request you to properly check-in and you might be late for classes at your own risk.

If you arrive later than Friday Evening 23:00 h please come to the bar and find our team there.

## 12. Class Schedule

<b>BALBOA</b>			
<b>Balboa Curious</b>			
Day	Time	Location	Teachers
Saturday	11:00 - 13:00	Streetmotion 1	Maria & Luis
Sunday	11:00 - 13:00	Streetmotion 1	Maria & Luis
	14:00 - 15:00	Streetmotion 1	Grace & Blake
<b>Balboa Confident</b>			
Day	Time	Location	Teachers
Saturday	14:00 - 16:00	Streetmotion 1	Maria & Luis
	16:30 - 17:30	Streetmotion 2	Grace & Blake
Sunday	12:00 - 13:00	Ferrari 1	Grace & Blake
	14:00 - 15:00	Ferrari 1	Maria & Luis
<b>Balboa Invitational</b>			
Day	Time	Location	Teachers
Friday	17:30 - 19:30	Ferrari 1	Grace & Blake
Saturday	16:30 - 18:00	Streetmotion 1	Maria & Luis
Sunday	15:30 - 17:00	Streetmotion 1	Maria & Luis

<b>COLLEGIATE SHAG</b>			
<b>C. Shag   Curious</b>			
<i>Day</i>	<i>Time</i>	<i>Location</i>	<i>Teachers</i>
Saturday	12:00 - 13:00	Ferrari 1	Heiko & Larissa
	16:30 - 18:30	Orangerie	Arnas & Egle
Sunday	11:00 - 13:00	Orangerie	Arnas & Egle
<b>C. Shag   Confident</b>			
<i>Day</i>	<i>Time</i>	<i>Location</i>	<i>Teachers</i>
Saturday	11:00 - 13:00	Orangerie	Arnas & Egle
Sunday	14:00 - 15:00	Orangerie	Arnas & Egle
	16:00 - 18:00	Orangerie	Heiko & Larissa
<b>C. Shag   Invitational</b>			
Day	Time	Location	Teachers
Friday	17:30 - 19:30	Ferrari 2	Heiko & Larissa
Saturday	14:00 - 16:00	Orangerie	Arnas & Egle
Sunday	17:30 - 18:30	Ferrari 2	Arnas & Egle

### INVITATIONAL COMBO PASS

<i>Day</i>	<i>Time</i>	<i>Location</i>	<i>Teachers</i>
Friday	17:30 - 19:30	Bal - Ferrari 1	Grace & Blake
	or		
	17:30 - 19:30	Shag - Ferrari 2	Heiko & Larissa
Saturday	14:00 - 16:00	Shag - Orangerie	Arnas & Egle
	16:30 - 18:00	Bal - Streetmotion 1	Maria & Luis
Sunday	15:30 - 17:00	Bal - Streetmotion 1	Maria & Luis
	17:30 - 18:30	Shag - Ferrari 2	Arnas & Egle

### SHAG 'N' BAL

#### SHAG 'N' BAL Curious

<i>Day</i>	<i>Time</i>	<i>Location</i>	<i>Teachers</i>
Saturday	11:30 - 13:00	Streetmotion 2	Grace & Blake
	14:00 - 15:00	Streetmotion 2	Grace & Blake
Sunday	11:30 - 13:00	Streetmotion 2	Heiko & Larissa
	14:00 - 15:00	Streetmotion 2	Heiko & Larissa

#### SHAG 'N' BAL Confident

<i>Day</i>	<i>Time</i>	<i>Location</i>	<i>Teachers</i>
Saturday	15:30 - 18:00	Ferrari 1	Heiko & Larissa
Sunday	15:30 - 18:00	Ferrari 1	Grace & Blake

### ST. LOUIS SHAG

#### St. Louis - Simple Basics - Curious

<i>Day</i>	<i>Time</i>	<i>Location</i>	<i>Teachers</i>
Saturday	11:00 - 13:30	Ferrari 2	Simona & Rokas
Sunday	14:30 - 17:00	Ferrari 2	Simona & Rokas

#### St. Louis - Confident

<i>Day</i>	<i>Time</i>	<i>Location</i>	<i>Teachers</i>
Saturday	14:30 - 17:00	Ferrari 2	Simona & Rokas
Sunday	11:00 - 13:30	Ferrari 2	Simona & Rokas

## 13. Evening Schedules

ALPINE JITTERBUGS  
SHAG 'N' BAL  
*Innsbruck*



THURSDAY

—————  
EVENING SCHEDULE  
SPEAKEASY WELCOME NIGHT

OPENING - DJ ALE G	20:00
LESTERS BLUE'S	21:30
SUPPORT - DJ ALE G	
END	01:00

CANTINA VECCHIA

ALPINE JITTERBUGS  
SHAG 'N' BAL  
*Innsbruck*



FRIDAY

APERITIVO 'N' SWING  
OPEN AIR

OPENING - MUSIC AND DANCEFLOOR	15:00
JITTERBUGS HOT CLUB	16:15
END	19:30

FREE PIZZA-SNACKS NEXT TO YOUR APERITIVO-DRINK

15 % DISCOUNT FOR FESTIVAL PARTICIPANTS:

CODEWORD: "NDUJA"

PIZZERIA A CASA

ALPINE JITTERBUGS  
SHAG 'N' BAL  
*Innsbruck*



FRIDAY

—  
EVENING SCHEDULE

MASTERCLASS   SHINE LIKE A DIAMOND	20:15
OPENING - DJ ALE G	21:15
THE BIG FIVE	22:00
DJ ALE G	23:00
THE BIG FIVE	23:15
DJ ALE G	00:15
LESTERS BLUE'S	00:30
DJ SU	01:30
LESTERS BLUE'S	01:45
DJ SU	02:45
END	04:00

ORANGERIE CONGRESS



ALPINE JITTERBUGS  
SHAG 'N' BAL  
*Innsbruck*



SATURDAY

—  
EVENING SCHEDULE

MASTERCLASS   ROLE SWITCH BALBOA	18:45
PRELIMS - NUMBERS 19:15   START 19:45	19:30
OPENING SYNCOPATED BIRDS	20:30
DJ SU	21:45
ROARING CATS	22:15
DJ SU	23:00
ROARING CATS	23:15
DJ SU	00:15
THE BIG FIVE   FINALS	00:45
DJ SU	01:45
THE BIG FIVE	02:00
DJ ALE G	03:00
END	05:15

ORANGERIE CONGRESS

ALPINE JITTERBUGS  
SHAG 'N' BAL  
*Innsbruck*



SUNDAY

SUNDAY PIZZA 'N' BEER FAREWELL

OPENING - DJ ALE G

18:00

PIZZA 'N' BEER

END

21:00

TRIBAUN

ALPINE JITTERBUGS  
SHAG 'N' BAL  
*Innsbruck*



SUNDAY

—  
EVENING SCHEDULE

MASTERCLASS   SOUL, FUNK & FUN	19:00
DJ SU	20:15
MESCHUGGE QUINTETT	20:30
DJ SU B2B DJ ALE G	21:45
ROARING CATS	22:15
DJ ALE G	23:00
ROARING CATS	23:15
DJ ALE G	00:00
ROARING CATS	00:15
DJ SU B2B DJ ALE G	01:00
END	01:00

ORANGERIE CONGRESS

## 14. Competitions



### **Saturday**

Check In at Orangerie: 19:30 - 19:45

Prelims: 19:45 - 20:30



### **Sunday**

No registration required.

Prelims: Tap In, at Orangerie around 22:15

## 15. Food & Beverage Partners

### We love good quality of Food & Drinks!

That is why we only go for the best. Plus we are a Green Star Event Tirol – that means, we always choose environmentally friendly packaging and a local variety of products. This year you can enjoy various food & drink offers on-site, as well as around the city. Show your wristband for some discounts.

### Cocktail Catering on-site



### WHY NOT COCKTAILAB - STEFANO URRU

We are honored to welcome award winning Mixologist STEFANO URRU, creator of the Why Not Cocktailab concept and caterer on-site this year. He was 3 times among the top 30 bartenders in Italy, he offers an itinerant service with his team of professionals working for top companies throughout Europe – and this weekend for our festival community.

He is locally imported from Meran in Italy and uses exclusively products from Villa Laviosa for his creations. Villa Laviosa is an artisan concern set in Alto Adige – South Tyrol (Italy). It produces grappa, destillates and liqueurs. The roots of Villa Laviosa date back as 2000 in in the heart of Val d'Adige. Their products can be found exclusively in specialities' groceries, hotels, restaurants and wine cellars.

Behind the romantic aspect of recuperating and maintaining old traditions, Villa Laviosa is in fact a dynamic company, continually up to date and evolving in order to exploit its potentials to a maximum as concerns preservation of the environment, while absolutely respecting the quality of the raw materials and processing systems.

For all Whiskey Creations he will additionally use Puntì Distillery Products which are also produced regionally and environmentally friendly.



## 16. Food at the Party & Side Events



Best Pizza in Town

The Pizzeria A Casa –  
Viaduktbögen 63,  
6020 Innsbruck

is not only hosting our  
super nice Aperitivo 'n'  
Swing Welcome Event  
on Friday this year. But  
will provide you through-  
out the weekend with a  
**15% discount** on each  
meal – just show your  
**wristband** and enjoy the  
food.

Discount available!

### Discounts throughout the city



Discount available

Herzog-Friedrich-Straße  
13, 6020 Innsbruck

**10% discount** – just  
show your **wristband**  
and enjoy the food.



Best BEER in Town

At Tribaun – Museum-  
straße 5, 6020 Innsbruck

you can enjoy food &  
of course the best craft  
beer in town. IF you pre-  
booked the Sunday Piz-  
za 'n' Beer Farewell you  
join on Sunday. If you  
didn't, check out the pla-  
ce during the weekend  
and get a **10% discount**  
with your **wristband**.

Discount available!



Discount available

Dreiheiligenstraße 33,  
6020 Innsbruck

**10% discount** – just  
show your **wristband**  
and enjoy the food.



Salty Wraps in the eve-  
ning

We know that dancing  
can get exhausting and  
that, no matter how good  
your dinner was, you will  
eventually be hungry  
again. This year we have  
ordered delicious veggie  
wraps from local, green  
and healthy restaurant  
which will be available on  
site.

Sold at the festival bar!



Discount available

Dreiheiligenstraße 33,  
6020 Innsbruck

**15% discount** – just  
show your **wristband**  
and enjoy the food.

**If Party Pass only, just use the secret code word „NDUJA“ to claim your discounts.**

## 17. Green Event Tirol Star

### What are Green Events?

Green events are events where special consideration is given to ecological, social and economic sustainability. “Green Event” is a general and internationally used expression for an event that is characterized by sustainable planning, organization and implementation.

Since the term “sustainability” can be interpreted in many different ways, the specific requirements that are placed on a green event also differ from country to country. All 4 pillars of sustainability – economy, ecology, social affairs, culture – are not always demanded in the same way. Ecological sustainability, i.e. the consideration of nature and environmental protection, is often the focus of a green event. One of the most important criteria is the avoidance of waste. But climate-friendly catering, ecological procurement or incentives for an environmentally friendly arrival and departure of event participants are often among the Green Event measures.

What all green events have in common is that they make a valuable and important contribution to the protection of people and the environment and are therefore characterized by a special quality.

### Why are we a Green Event?

We choose our locations and our partners carefully!  
All of our partners are environmentally friendly and do their best to save the environment.

For example our main location  
Congress Messe Innsbruck  
is environmentally certified!

All of our drinks and snacks are from regional suppliers  
and packed in an ecological way!

Please help us to reach our environmental goals and arrive environmentally friendly – by public transport – to the festival. You can also do your best in town and use public transport or the city bikes in Innsbruck. We can also tell you that the city itself is very small. you might find it easy to walk from your accomodation to the different locations.



Herzlichen Glückwunsch!

deine Veranstaltung

**Alpine Jitterbugs - Shag 'n' Bal**

wird als

**GREEN EVENT TIROL Star**  
ausgezeichnet!

Veranstalter:in	Datum	geprüft durch
Alpine Jitterbugs Innsbruck e.V.	10.04.2025 - 13.04.2025	Stephanie Rauscher

  GREEN EVENTS TIROL ist eine Initiative von Klimabündnis Tirol und Umwelt Verein Tirol in Zusammenarbeit mit dem Land Tirol zur Förderung einer umwelt- und sozialverträglichen Veranstaltungskultur.

## 18. The Travel & Transportation

We ask you to arrive environmentally friendly to the festival by bus or even better by train. If your private time capacities require a journey by car, please consider carsharing to prevent pollution.

**Please also note, that we DO NOT PROVIDE any car parking at any of our locations - not paid and neither free of charge.**

However, we chose nearby locations to enable you to use public transport, bike sharing or your own feet to walk from one location to the other throughout the whole festival.

You will find all of the “relevant” Public Transport-Connections for your time in Innsbruck on the trip planner of public transport in Innsbruck IVB:

[www.fahrplan.ivb.at](http://www.fahrplan.ivb.at)

Your designated lines will be:






City bikes can be rented from Stadtrad IVB:




[www.stadtrad.ivb.at](http://www.stadtrad.ivb.at)

Here you find an overview of all distances for your convenience:

...see how close? We told you so! ;)

Distance Train Station -> StreetMotion Area
 5 min.
 10 min.
 10 min.

Distance Train Station -> Congress CMI
 6 min.
 15 min.
 7 min.

Distance StreetMotion Area -> Congress CMI
 6 min.
 11 min.
 15 min.



## 19. The social responsibility

Let us know, if your private background and financial situation is prohibiting you from dancing with us. We will find a solution to support those in financial need and make their dream of dancing with us in the Alps as affordable as possible.

**When we say that we strongly believe in an open and diverse scene we truly mean that.** Even better, that swing dancing and its amazing culture, are not relying on the traditional roles and stereotypes of “male and female”. **Therefore we would like to heartily welcome all the different people and cultures from out there, to our festival here in Innsbruck - regardless of their gender, identity, origin and everything else.**

**Please be open minded with us and fully embrace this amazing culture by sharing it unbiased with everybody.**

## 20. The Drinking Water

We are located in the middle of the Austrian alps. Therefore we are very privileged to enjoy some of the best drinking water in the world!

The best way to save resources will be to drink water from the tap and avoid plastic bottles at all times. All our locations and organizing partners are informed and on board with that - you are of course allowed to bring your drinking bottles from home and refill them wherever you are at the festival.

If you do not have your own drinking bottle, we offer environmentally friendly and CO2 neutral produced drinking bottles from 720Dgree.

Check out our merch on site!



## 21. Stands and Shops



Swing It (PL)



Boun'shoes (IT)



Swivelbird (AT)

Vestiti Swing (IT)



Re-Mix EU (AT)



## 22. Subventions, Sponsors and Partners

### Subventions



### Main Sponsor



### Partners



### Friendly Supporters



**Thanks for creating an unforgettable event  
together with us!**

**You are awesome!**

